

Please join us

at one of the St. Joseph's Hospital Spring Health Fair Screenings. Between 6 and 10 a.m., we will be at Breese KC Hall on Thursday, March 11; Germantown Legion on Wednesday, March 17; Carlyle KC Hall on Tuesday, March 23; and St. Mary's Parish Center in Trenton on Tuesday, March 30. Register at the Fair or use this form to preregister.

Admission is free, but fees will be collected at the Health Fair for most screenings. The CBS (Comprehensive Blood Screening) will be provided at all locations for only \$40, and requires you to fast for ten hours before the specimen is taken. For men, this blood can also be processed for the PSA (Prostate Cancer Screening) for an additional \$15. For those with suspected or diagnosed blood sugar problems, a Hemoglobin A1c can be performed for \$10. Blood test results will be mailed to the address you specify as soon as processed (usually within two weeks).

Heel Bone Density Screenings for osteoporosis, necessary only once a year, as well as Pulmonary Function Screenings and Body Composition Tests will each be offered for \$5. A take-home Screening Kit for Colorectal Cancer will also be available for \$5. Receive a free Blood Pressure Check, a Diabetes Finger Stick, refreshments, and an attendance gift. Don't forget your unneeded eye glasses for the Lion's drop box, as well as wigs and head coverings for our patient-in-need program.

You may reduce your wait by preregistering. To preregister more than one person, list the information below on a sheet of paper and attach it to this form. Additional forms are available at www.stjoebreese.com. To receive the benefit of preregistration, this information must be received at St. Joseph's Hospital in Breese one week before the Fair you attend. Sorry, we do not schedule screenings by appointment.

We offer these screenings to promote personal responsibility for positive health habits. They are not meant to diagnose, treat or rule out disease. It is your responsibility to follow up with a doctor. Medicare will NOT reimburse you for these fees.

BETTER
HEALTH FOR
A BRIGHTER
TOMORROW



PLEASE PRINT. MARK THE DATE ON YOUR CALENDAR. CONFIRMATION LETTERS WILL NOT BE SENT.
2010 SPRING HEALTH FAIR SCREENINGS PREREGISTRATION

Do NOT bring this form to the Health Fair. It must be processed one week in advance to potentially reduce your wait.

CIRCLE ONE: Mr. Miss LAST NAME _____ FIRST NAME _____ MIDDLE INITIAL _____

STREET ADDRESS _____

CITY _____ STATE _____ ZIP _____

BIRTH DATE ____/____/____ CIRCLE SEX: **M** **F** PHONE NUMBER/s (____) _____

SEND NO MONEY NOW!

Cash, checks, Mastercard/Visa will be accepted at the Fair.

Preregistering may reduce your wait. No later than one week before the event, bring this to the desk at the Hospital Entrance, fax it to (618) 526-1404, email kywhitlatch@sjh.hshs.org with the information, or mail it to:

HEALTH FAIR SCREENINGS
St. Joseph's Hospital
PO Box 99
Breese, IL 62230-0099

Call Karyn at (618) 526-5439 with questions. Download additional forms at www.stjoebreese.com

PLEASE CHECK THE LOCATION YOU PLAN TO ATTEND BETWEEN 6:00 & 10:00 AM:

- THUR-MAR 11 Breese KC Hall 480 N. Walnut St.
 WED-MAR 17 Germantown Legion 1105 Sycamore St.
 TUES-MAR 23 Carlyle KC Hall 1471 Fairfax St.
 TUES-MAR 30 St. Mary Parish Center 325 S. Jefferson, Trenton

X	FEE	PLEASE HELP US PLAN BY MARKING THE FEE SERVICES YOU REQUEST:
	\$40	Comprehensive Blood Screening (CBS) — REQUIRES 10 HOUR FAST. Screens for infection, anemia and diabetes; measures cholesterol levels; checks thyroid, liver and kidney function.
	\$15	Prostate Specific Antigen (PSA) — BLOOD SCREENING FOR MEN ONLY The doctor uses these results in conjunction with an exam to screen men for prostate cancer.
	\$10	Hemoglobin A1c — Indicates if treatment for blood sugar issues/diabetes is working effectively.
	\$5	Bone Density Heel Screening — Necessary only once a year, this is an osteoporosis screening for both women and men.
	\$5	Pulmonary Function Screening — Measures lung capacity and blood oxygen levels.
	\$5	Body Composition Screening — Calculates the percentage of fat in your body.
	\$5	Colon Cancer Screening Kit — Contains everything needed to perform this screening at home.